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### Tress Stress

top 5: salon conditioning hair treatments

Calgary (Nov.08.10)

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Calgary's winter climate can leave our locks without a healthy bounce. Indulge in one of the city's top treatments to help bring it back.

#### dk. envy

Nourishing your hair starts from the top down with a variety of scalp and conditioning treatments.

dk. envy; 12 Midlake Blvd. S.E.; 403-532-0078; [www.dkenvy.com](http://www.dkenvy.com); \$30 and up



#### Jerome Hair Salon

This downtown salon offers six different **Kérastase** deep-conditioning treatments.

Jerome Hair Salon; 1305 11 St. S.W.; 403-228-0018; [www.jeromesalon.com](http://www.jeromesalon.com); \$25

#### Red Bloom

Dry ends and scalps are repaired with an hour-long spa hair masque that includes blow-dry and style.

Red Bloom; 109, 638 11 Ave. S.W., 403-266-8708; 837 1 Ave. N.E., 403-289-0870; [www.redbloom.ca](http://www.redbloom.ca); \$60

#### Man/Woman

The four-step L'Anza deep conditioning treatment leaves hair silky smooth and frizz-free.

Man/Woman; 124, 205 5 Ave. S.W.; 403-215-3720; \$15-\$20

#### Josef Saliba Salon

The intense TiGi moisture treatment restores natural moisture loss and helps close the hair shafts to retain it. Josef Saliba Salon; 1516 7 St. S.W.; 403-244-5556; \$35 or \$50 with blow-dry

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